



Urban Research Institute

"The Daily Center for the Third Age"

Context

The starting day of the project: 01/ 09/ 2008 Urban Research Institute with the financial support of Vodafone Foundation Albania and with the collaboration of Tirana municipality implements the project: "The Daily Center for the Third Age".

The Goal

This Center helps the people who are in the third age and need to be helped, males and females. The members are chosen by giving priority those who should have more needs for the services that we offer, such as alone or poor people. These old people live near the Artificial Lake of Tirana. Every day they came at our center, from Monday to Friday starting at 8 o'clock in the morning till 12 o'clock at noon. This Center is inaugurated in 23-rd of October 2008, at 10 o'clock in the presence of participators, donators and local personalities. The "White House" (at Tirana Lake Hills, 100 m above the Republic of Albania National Guard) is used for the "Daily Center for the third age" which is a very nice and comfortable place, in fresh air and relaxed for the 50 elderly people who profit from the services of this center. This Center's aim is to improve their standards of living, expanding the knowledge related to people's third age needs and the parties who want to help them, supporting and developing the communications skills of elderly and their integration in the surrounding community.

What offers the Center?

The Daily Center for the Third Age offers a



warm and family like environment, making each of them feel important. We listen to them and take into consideration their requests.

- Social Service
- Healthcare service
- Daily press
- Bar-Coffee waiting
- Different social and cultural activities
- Excursions-cinemas
- Information over changes that aging brings in their lifestyle
- The gymnastic group

- Entertainment activities
- Themes for discussions
- The occupational therapy
- The self-help group

MAIN FACTS

PARTNERS:

- ✓ Vodafone Foundation Albania

DURATION:

09.2008 – 09.2009

BENEFICIARIES:

- ✓ The Third Age who lives near the Artificial Lake of Tirana

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About URI

Since 1999 the Urban Research Institute (URI) has been delivering big results for development projects and programmers carried out throughout Albania. Our core business focuses on community development, local government strengthening, environmental protection, decentralization, and public services. We conduct studies, lobby the government, train local government units, increase public access to information, and connect development partners. URI has worked with donors such as USAID, Swiss Cooperation, the Netherlands Embassy, UNDP, World Bank, EU, SIDA, Open Society/Soros Foundation, etc.